



## Community of Learning, Practice and Innovation (COLPI) 2019: *Practitioner Programme in Systemic Coaching with Constellations*

*with Edward Rowland, Liz Goold and Judith Hemming (as Guest faculty on Masterclass)*

4 Circles of 3 days each, plus workshops, coaching support and optional Masterclass  
March - October 2019 (UK)



### Purpose of Programme

Through your prior training and experience, you will know that working with Systemic Coaching and Constellations offers an invaluable way of seeing and transforming personal, team and organisational challenges.

The purpose of the COLPI Practitioner Programme is to give you a deeper grounding in this powerful systemic lens and transformational method(s), and support you to integrate and apply it in your existing practices of coaching and leading others through transformation and change. It also invites you to step more fully into your own unique potential and contribution as a change agent or leader and innovate new work that matters to you.

### Developing Your Capacity - Presence, Knowledge and Skills

This programme enhances your capacity to use the Systemic Coaching and Constellating process to unlock both your own unique creative potential, and that of the individuals, teams and organisations you work with.

COLPI's specific aims include developing your capacity cumulatively in 4 widening contexts:

#### 1. Self and Other

- Develop your Presence, Contact and Embodied Leadership as a coach & constellations facilitator
- Take your one-to-one Systemic Coaching to a more advanced level, including your fluency with different methods such as desktop style and floor markers
- Understand and tap more fully into your resources and strengths - including your Unique Purpose, and Enneagram type - and help your clients to do the same.

#### 2. Team Contexts

- Develop and apply a constellations-based approach to Systemic Team Coaching
- Deepen your understanding of Conscience and the Hidden Orders of Change in systems

#### 3. Organisational Contexts

- Develop your capacity with diagnostic constellations of wider systems - including Structural Constellations - and shadow consulting work to help colleagues find their 'right place'
- Develop your use of experimental Sentences and Movements (in group, team and 1-1 settings)
- Learn how to move constellations towards resolution in a group setting

#### 4. The Market and Wider Ecosystem

- Work with creative, decision-making and customer-focused constellations and apply them to creative projects, marketing or business development questions (both your own & your clients)
- Design, market and introduce programmes and interventions based on this way of working, and integrate this approach with other leading-edge technologies, such as Presencing and Theory U.

## Who is it For?

This COLPI Practitioner Programme builds on your existing skills and is for those who have already completed our 3-day **Essentials in Systemic Coaching & Constellations (Level 1 Certificate)** or related programmes like Organization and Relationship Systems Coaching (ORSC™) or training in systemic family constellations.

It is for coaches, change agents, leaders and professionals in commercial, public or voluntary sectors, who know they love this way of working, and are practising using a systemic lens in some real life context. It is especially appropriate for those who coach or lead others through transformation and change.

## Style of the Programme: A Transformative Learning Community

COLPI is the UK's first and original Practitioner Programme in this work, and this 19th programme builds on a highly-regarded format that has run since 2001. We will create a learning community where we all exchange life experience & wisdom, with 3 levels of inquiry and 'praxis':

1. **Professional:** we learn the essential principles and skills of Systemic Coaching and Constellations, and then practice applying a versatile range of systemic tools with each other.
2. **Personal:** in doing so, we bring & are coached on our own self-leadership & vocational challenges, including our 'Core Question', so that we can more fully return our unique contribution to others.
3. **Community:** this generates a third level of inquiry, as we explore this method through the quality of our relating, being & conversing together, and the creative potential that lies between us.



In this 'multiple' learning journey, we get to know each other both as people and systemic practitioners. We apply the systemic method in the organisational and personal contexts in which we work and live - through projects that deeply matter to us - developing our presence, authority and confidence. We discover that, with effortless effort, we can allow much more to happen than we had ever imagined.

There will be many opportunities to explore your own organisational and personal systems, both through exercises and demonstrations.

*We will dive deep but lightly, we will have fun and we will learn and create together!*

"COLPI is both inspiring and very well structured - in the way it builds up from the personal level to the wider ecosystem. It is full of creative exercises and tools that I, as an L & D professional, have used since then. The facilitators are excellent, very knowledgeable and create the space for personal & also collective growth. Highly recommended!"

Alexandra Katakalea, Performance and Learning Partner, KAUST

"It does so much more than building skills in applying Systemic Coaching & Constellations in organisations; this programme opens doors and windows to unanticipated professional & personal vistas, achievements and breakthrough, led with skilful wisdom".

Robin Burgess, Executive Coach, NHS Scotland Leadership Programme

## Programme Structure

The 7-month programme includes the following:

- Four x 3-day Circles (these are non-residential circles in London). Each Circle closes with a day of practice, integration and supervision.
- Participants will also have two 1-1 coaching sessions - by phone or Skype - to clarify your learning needs and support you during the programme
- 3 Practice Periods – between the circles – amongst peers and in your work settings. Participants will be encouraged to develop a 'Creative Project', where you focus on applying a systemic lens to an existing or new area of your practice (of YOUR choice) e.g. 1-1 or team coaching or family businesses.
- One optional 2-day open Masterclass with Judith Hemming.
- 2 optional 1-day workshops with business clients where participants attend as representatives

## Certification



This COLPI programme provides a Level 2 (Practitioner) certificate in Systemic Coaching & Constellations, which is dual-certified. First, it is certified by the International Coaching Federation (ICF), for Continuing Coaching Education and 79 CCEUs.

Second, it is also certified by, and run in association with, the Centre for Systemic Constellations (UK), the UK's largest and most experienced training body and faculty in this work, which runs trainings in Systemic Constellations worldwide.



**"Brilliant the whole way through, and you led it beautifully...superb teaching and a fabulous awakening journey, it has led me down a pathway of fresh professional and personal growth that I could not have conceived of, or anticipated".**

**David Adams, Coach, Alchemy of Coaching Ltd.**

**"You hold a fabulous teaching space around this work. This is some of the most inspiring and enjoyable development work I've ever done - a wonderful combination of individual and collective creative process that has deepened my awareness & capacity to lead field-based transformative practice."**

**Joey Walters, Coach and Director, Women at the Heart of Leadership (WHL)**

## Programme Details 2019

Dates:	Circle 1	March 12-14 - Skylight Centre, Islington, London N5
	Circle 2	May 14-16 - Skylight Centre, London
	2-day Masterclass	June 4-5 - Skylight Centre, London ( <i>OPTIONAL - see Fee below</i> )
	Circle 3	July 9-11 - Skylight Centre, London
	Circle 4	October 1-3 - Skylight Centre, London

Fee:	£3990 + VAT (Organisationally sponsored)
	£2650 + VAT (Self-sponsored)
	<i>N.B. The Masterclass with Judith Hemming is an additional £260 + VAT</i>

## Programme Leaders



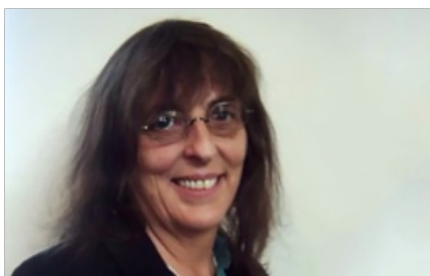
**Edward Rowland** MA is Founder of The Whole Partnership, a senior leadership and team coach, and also a Director of the Centre for Systemic Constellations (CSC). A leading Systemic Coach and Constellations practitioner for both personal and organisational systems, he has delighted in co-pioneering this way of working in a leadership and work context for the last decade. He learned the work in the early 2000s from its 1st generation pioneers, notably Gunthard Weber and Judith Hemming (on the original COLPI programme). Clients have included Boston Consulting Group, KAUST, Visa and several UK Government departments.

With a background as a barrister, in creative industries and various psychological disciplines, he has over 17 years experience of helping leaders, teams and organisations in all sectors to unfold their unique potential. As well as leading the current COLPI programme, he has also taught and demonstrated this work at various business schools and universities including Henley and Said Oxford.



**Liz Goold** MSc is an experienced OD consultant, leadership developer and systemic leadership team/executive coach. She brings over 30 years' experience of supporting transformational and systemic change across UK public/voluntary sectors and international NGOs in Africa & Asia. Liz brings a systemic lens to all her work and draws on a variety of contemporary approaches to OD and change, including dialogic OD, complexity, Teal, systems leadership and Theory U, reinforced by her Masters in Organisational Consulting from Ashridge Business School. She has trained in systemic constellations with a range of teachers and finds this approach can support profound shifts in herself, clients and the wider system. Recent clients include Oxfam, NHS Leadership Academy & the University of Birmingham.

**Mark Stanley** will also support the programme. A systemic non-executive director and ex-CEO who attended the very 1st COLPI programme in 2001, he then used this work extensively in the running and eventual sale of his £90m business. He enjoys coaching and passing on his business and systemic wisdom.



**Judith Hemming (Guest Faculty)** MA, UKCP is a Senior Faculty Member of the Centre for Systemic Constellations (CSC), the UK training body, and has a background in education and Gestalt psychotherapy.

Since learning Hellinger's approach in the early 90's and studying with many practitioners, she has been practising and teaching constellations across the world as one of its foremost practitioners, both in the UK and Europe and from Mexico to Australia.

She has developed and taught the applications of the systemic approach in a variety of contexts, including organisational and corporate. This included being the leading 1st generation pioneer of systemic coaching and

organisational constellations in the UK during the 2000s, and co-creating the COLPI programme. She was on the faculty of the European Organisational Intensive for many years, and remains on the European Family Constellation Intensive.

## Registration

Note that Ed will be happy to talk by phone, and help you clarify whether this is the right programme for you.

To reserve your place, or for more information, please contact Tricia Grace-Norton, our Programme Manager, on:

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